

Supplementary information

Dietary non-fermentable fiber prevents autoimmune neurological disease by changing gut metabolic and immune status

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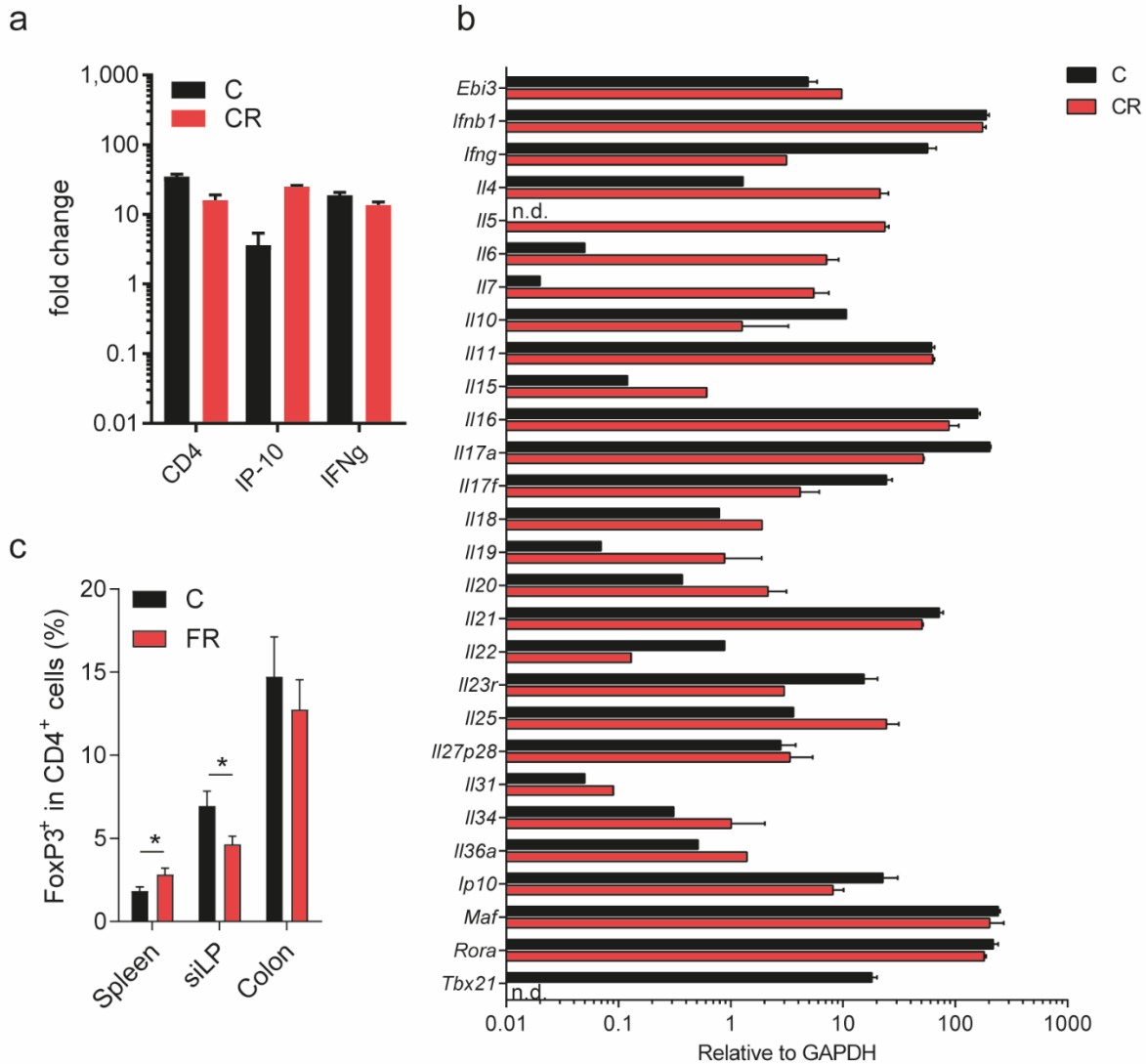
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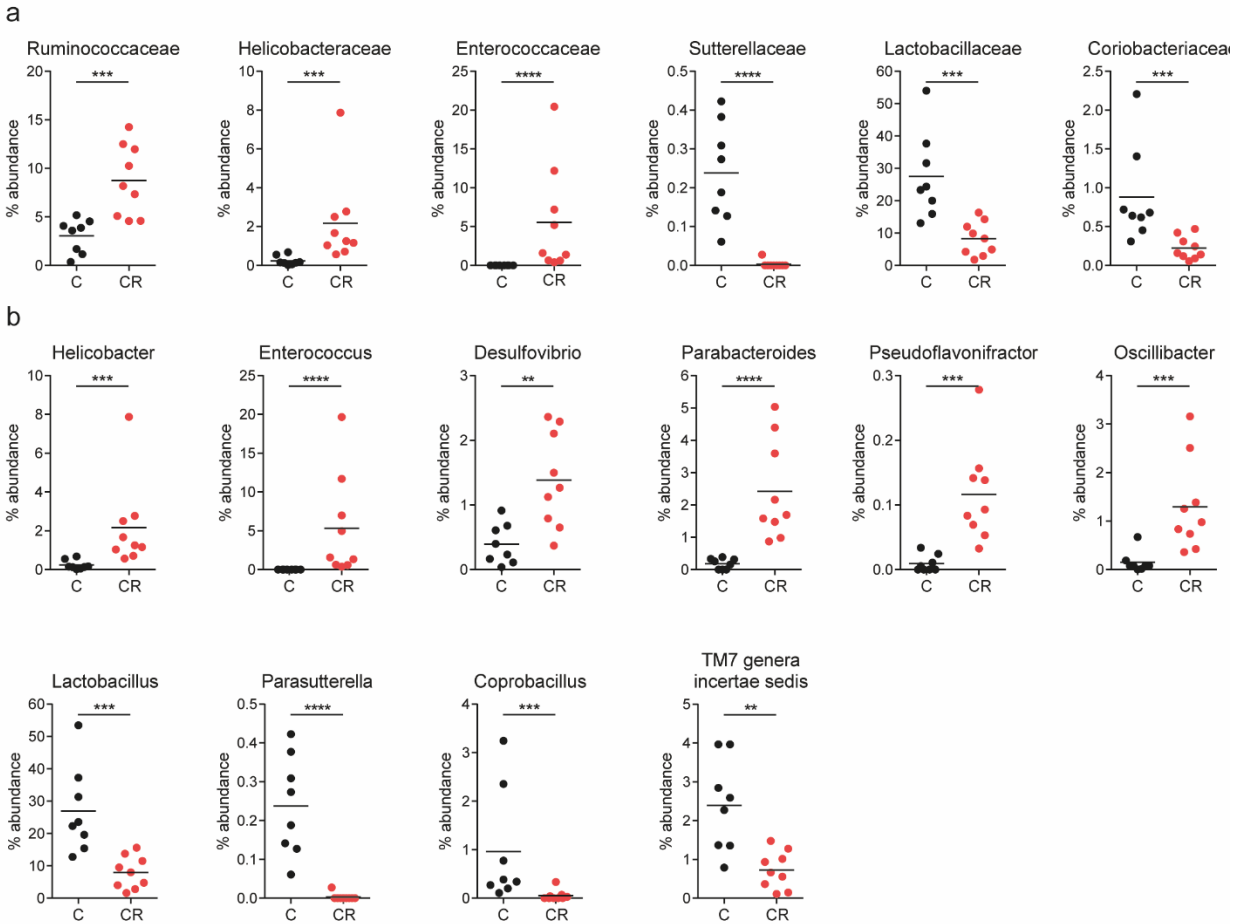
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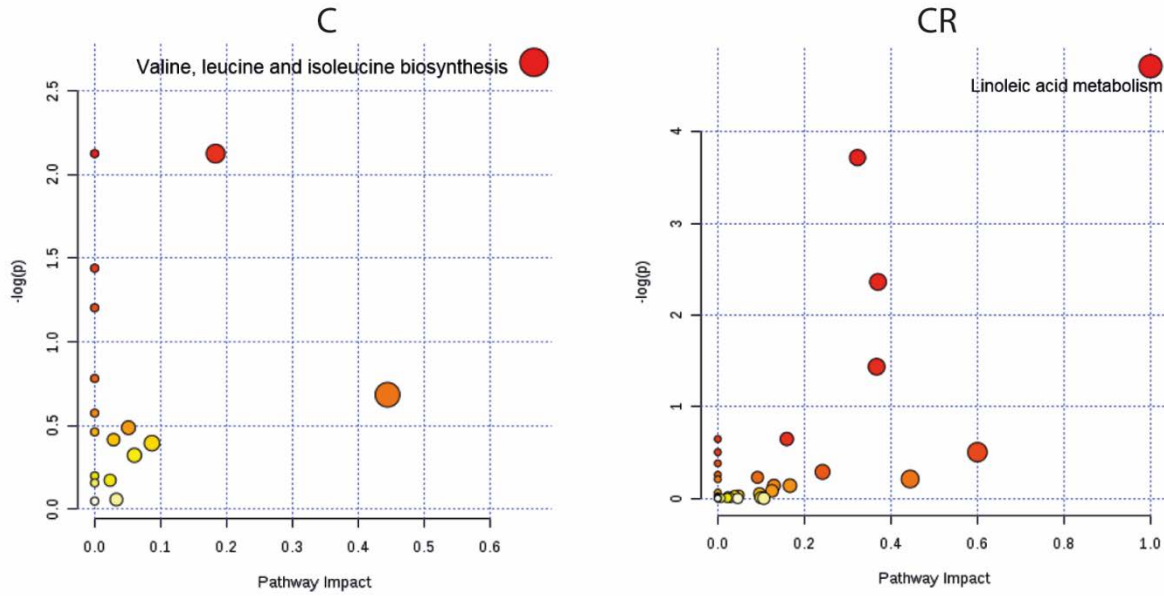
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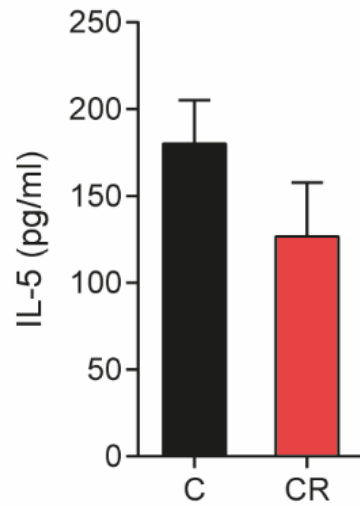
Supplementary Figure 1 Immune signature in T cells from mice fed a control or cellulose rich diet. (a) Analysis of gene expression in the spinal cord of OSE mice fed control (C) or cellulose-rich diet (CR). Expression levels of CD4, IP-10, and IFN γ genes were quantified by real-time PCR. Fold changes were calculated relative to healthy mice spinal cords. $n = 2-4$ mice per group. (b) Gene expression profile of CD4 $^+$ T cells. CD4 $^+$ T cells were isolated from small intestinal lamina propria and expression levels of various cytokines and transcription factors were quantified by real-time PCR. n.d. = not detectable. Data were pooled from 3 independent experiments. (c) Frequencies of FoxP3 $^+$ T $_{reg}$ cells from the indicated organs of mice fed control (C) or cellulose-rich diet (CR) are displayed. siLP, small intestinal lamina propria. $n = 11-12$ mice per group. Data were pooled from 3 independent experiments. * $P < 0.05$ (Mann-Whitney U test).



Supplementary Figure 2 Dietary cellulose alters the composition of the intestinal microbiota. (a) Relative abundances of bacterial families Ruminococcaceae, Helicobacteraceae, Enterococcaceae, Sutterellaceae, Lactobacillaceae and Coriobacteriaceae in the feces of control (C; $n = 8$) or CR diet-fed mice (CR; $n = 9$). *** $P < 0.001$; **** $P < 0.0001$ (Mann-Whitney U test). (b) Relative abundances of the bacterial genera *Helicobacter*, *Enterococcus*, *Desulfovibrio*, *Parabacteroides*, *Pseudoflavonifractor*, *Oscillibacter*, *Lactobacillus*, *Parasutterella*, *Coprobacillus* and *TM7* genera *Incertae Sedis* in the feces of control (C; $n = 8$) or CR diet-fed mice ($n = 9$). ** $P < 0.01$; *** $P < 0.001$; **** $P < 0.0001$ (Mann-Whitney U test).



Supplementary Figure 3 Dietary cellulose alters the cecal metabolites profile. (a) KEGG pathways enrichment analysis were performed on metabolites of the ceca of mice raised on control (C; $n = 8$) or CR diet ($n = 10$). **(b)** SCFAs, i.e. acetic, propionic and butyric acids, are significantly changed between control (C; $n = 3$) and CR diet-fed mice ($n = 4$); $***P < 0.001$ (Student's t-test).



Supplementary Figure 4 Cecal bacterial lysates does not affect T_H2 immune response. Naïve CD4⁺ T cells were stimulated under T_H2 cell polarizing conditions in the presence of cecal lysates (10µg/ml) of control (C lysates) or CR (CR lysates) diet-fed mice. Levels of IL-5 in the supernatants were measured by ELISA. Bars display mean ± s.e.m. *n* = 3 independent experiments.

Supplementary Table 1. Abundance profiles of bacterial taxa in control (C) and cellulose-rich (CR) diet-fed mice.

	Control (mean ± sd)	CR (mean ± sd)	P-value (FDR corrected)
Phylum			
Proteobacteria	2.68 ± 2.05	9.11 ± 4.17	0.025
TM7	2.39 ± 1.19	0.73 ± 0.48	0.028
Family			
Ruminococcaceae	3.06 ± 1.75	8.76 ± 3.67	0.014
Lactobacillaceae	27.51 ± 13.37	8.29 ± 5.19	0.014
Enterococcaceae	0.00 ± 0.00	5.52 ± 6.87	0.014
Helicobacteraceae	0.24 ± 0.24	2.17 ± 2.27	0.014
Coriobacteriaceae	0.88 ± 0.63	0.22 ± 0.15	0.027
Desulfovibrionaceae	0.57 ± 0.37	2.15 ± 1.08	0.028
Sutterellaceae	0.24 ± 0.13	0.00 ± 0.01	0.014
Genus			
<i>Lactobacillus</i>	26.98 ± 13.36	7.97 ± 5.00	0.014
<i>Enterococcus</i>	0.00 ± 0.00	5.32 ± 6.59	0.014
<i>Parabacteroides</i>	0.18 ± 0.16	2.42 ± 1.53	0.014
<i>Helicobacter</i>	0.24 ± 0.24	2.17 ± 2.27	0.014
<i>Oscillibacter</i>	0.15 ± 0.22	1.29 ± 0.95	0.023
<i>Pseudoflavonifractor</i>	0.01 ± 0.01	0.12 ± 0.07	0.014
<i>Coprobacillus</i>	0.96 ± 1.18	0.05 ± 0.11	0.025
TM7 genera Incertae Sedis	2.39 ± 1.19	0.73 ± 0.48	0.028
<i>Desulfovibrio</i>	0.39 ± 0.31	1.38 ± 0.73	0.040
<i>Parasutterella</i>	0.24 ± 0.13	0.00 ± 0.01	0.014
OTUs			
Taxonomic assignment*			
OTU_101 Burkholderiaceae, HM124111.1 (100%)	0.25 ± 0.14	0.00 ± 0.00	0.020
OTU_11 Lachnospiraceae, JQ084455.1 (99%)	0.01 ± 0.02	4.08 ± 3.39	0.021
OTU_114 Firmicutes, AB702888.1 (100%)	0.22 ± 0.12	0.00 ± 0.00	0.020
OTU_115 Lachnospiraceae, JQ085234.1 (100%)	0.22 ± 0.22	0.01 ± 0.02	0.021
OTU_117 Ruminococcaceae, JQ085043.1 (100%)	0.22 ± 0.27	0.00 ± 0.00	0.041
OTU_118 Clostridium IV, EU457476.1 (100%)	0.00 ± 0.00	0.17 ± 0.22	0.041

OTU_12 <i>Helicobacter</i> sp., DQ019255.1 (100%) <i>Helicobacter apodemus</i> , AY009129.1 (98%) <i>Helicobacter canadensis</i> , KJ534296.1 (98%)	0.13 ± 0.15	1.89 ± 2.11	0.021
OTU_12 Porphyromonadaceae, FJ674457.1 (95%)	0.18 ± 0.20	0.00 ± 0.00	0.020
OTU_124 <i>Clostridium</i> XIVa, EU453012.1 (99%)	0.00 ± 0.00	0.18 ± 0.12	0.021
OTU_13 Lachnospiraceae, JQ084127.1 (100%)	0.05 ± 0.08	1.85 ± 1.23	0.021
OTU_14 Lachnospiraceae, HM811058.1 (100%)	4.66 ± 5.14	0.01 ± 0.02	0.021
OTU_142 Coriobacteriaceae, EU456594.1 (100%) <i>Denitrobacterium</i> sp., AJ518870.1 (98%) <i>Gordonibacter</i> sp., KF785806.1 (98%)	0.13 ± 0.27	0.00 ± 0.00	0.041
OTU_144 Clostridiales Incertae Sedis XIII, AB702885.1 (100%)	0.15 ± 0.16	0.00 ± 0.00	0.041
OTU_15 <i>Alistipes</i> , EU656100.1 (100%)	2.07 ± 1.82	0.00 ± 0.00	0.021
OTU_155 Coriobacteriaceae, EU457418.1 (99%)	0.18 ± 0.15	0.00 ± 0.00	0.021
OTU_158 Lachnospiraceae, EU455294.1 (100%)	0.15 ± 0.16	0.00 ± 0.00	0.041
OTU_165 Porphyromonadaceae, FJ674457.1 (95%)	0.10 ± 0.08	0.00 ± 0.00	0.041
OTU_17 <i>Desulfovibrio</i> sp., AF056090.1 (100%) <i>Desulfovibrio fairfieldensis</i> , U42221.1 (99%)	0.39 ± 0.31	1.38 ± 0.73	0.048
OTU_178 Lachnospiraceae, EU454918.1 (100%)	0.00 ± 0.00	0.09 ± 0.10	0.041
OTU_18 Parabacteroides, AB702753.1 (100%)	0.12 ± 0.11	1.17 ± 0.96	0.027
OTU_19 TM7 genera Incertae Sedis, FJ879268.1 (100%)	2.15 ± 1.10	0.66 ± 0.46	0.041
OTU_190 <i>Barnesiella</i> , EF614530.1 (99%)	0.15 ± 0.12	0.00 ± 0.00	0.021
OTU_195 Porphyromonadaceae, EU511738.1 (100%)	0.09 ± 0.11	0.00 ± 0.00	0.021
OTU_20 Ruminococcaceae, AB702871.1 (100%)	0.11 ± 0.13	1.56 ± 1.05	0.021
OTU_21 Ruminococcaceae, AB702876.1 (100%)	0.11 ± 0.18	1.14 ± 0.89	0.027
OTU_210 Coriobacteriaceae, EF614565.1 (99%) <i>Adlercreutzia equolifaciens</i> , NR_121696.1 (97%) <i>Assacharobacter celatus</i> , NR_114402.1 (97%)	0.09 ± 0.18	0.00 ± 0.00	0.041
OTU_22 Lachnospiraceae, HM817816.1 (100%)	0.02 ± 0.04	1.70 ± 0.80	0.021

OTU_23 <i>Alistipes</i> , JQ085082.1 (100%)	0.08 ± 0.13	1.00 ± 0.45	0.021
OTU_25 <i>Bacteroides stercorisoris</i> , AB574479.1 (100%) <i>Bacteroides oleiciplenus</i> , NR_112895.1 (100%) <i>Bacteroides intestinalis</i> , NR_041307.1 (98%)	0.01 ± 0.03	0.95 ± 1.72	0.034
OTU_258 Lachnospiraceae, JQ085228.1 (100%)	0.12 ± 0.17	0.00 ± 0.00	0.041
OTU_26 Lachnospiraceae, HM821951.1 (100%)	0.00 ± 0.00	1.19 ± 1.29	0.024
OTU_263 <i>Parvibacter caecicola</i> , NR_117374.1 (100%) <i>Enterorhabdus mucosicola</i> , KC206034.1 (98%)	0.05 ± 0.04	0.00 ± 0.00	0.041
OTU_264 Lachnospiraceae, JQ084976.1 (100%)	0.00 ± 0.01	0.15 ± 0.12	0.041
OTU_268 Lachnospiraceae, AB627655.1 (100%)	0.06 ± 0.07	0.00 ± 0.00	0.041
OTU_28 Uncultured bacterium, JQ084933.1 (100%) <i>Coprobacillus cateniformis</i> , GU811876.1 (98%)	0.98 ± 1.23	0.00 ± 0.00	0.020
OTU_280 <i>Prevotella</i> , JQ084868.1 (100%) <i>Prevotella brevis</i> , AB501176.1 (97%)	0.05 ± 0.05	0.00 ± 0.00	0.020
OTU_294 Coriobacteriaceae, DQ015493.1 (100%) <i>Gordonibacter</i> sp., KF785806.1 (98%)	0.03 ± 0.04	0.00 ± 0.01	0.041
OTU_3 Lachnospiraceae, AB627586.1 (100%)	0.00 ± 0.00	7.53 ± 6.45	0.041
OTU_30 <i>Alistipes</i> , AB702771.1 (100%)	1.85 ± 1.84	0.02 ± 0.07	0.021
OTU_34 <i>Desulfovibrio</i> , JQ084347.1 (100%)	0.75 ± 1.35	0.00 ± 0.00	0.020
OTU_37 <i>Parabacteroides goldstenii</i> , NR_113076.1 (100%)	0.00 ± 0.01	0.61 ± 0.71	0.039
OTU_39 Lachnospiraceae, EU656088.1 (100%)	0.90 ± 0.62	0.00 ± 0.00	0.020
OTU_45 Lachnospiraceae, EF098480.1 (100%)	0.00 ± 0.00	0.58 ± 0.37	0.021
OTU_454 <i>Barnesiella</i> , AB702761.1 (99%)	0.02 ± 0.02	0.00 ± 0.00	0.041
OTU_5 <i>Enterococcus durans</i> , KJ702539.1 (100%) <i>Enterococcus faecium</i> , KJ702553.1 (100%) <i>Enterococcus mundtii</i> , KJ607189.1 (100%) <i>Enterococcus avium</i> , AB932546.1 (100%) <i>Enterococcus hirae</i> , KJ081452.1 (100%)	0.00 ± 0.00	5.47 ± 6.77	0.021
OTU_51 Ruminococcaceae, HM835697.1 (100%)	0.01 ± 0.03	0.49 ± 0.46	0.021
OTU_523 Lachnospiraceae, HM817817.1 (99%)	0.12 ± 0.17	0.00 ± 0.00	0.041

OTU_56 Uncultured bacterium, AB606384.1 (100%) <i>Eubacterium infirmum</i> , HM596276.1 (97%)	0.51 ± 0.37	0.00 ± 0.00	0.020
OTU_560 Lachnospiraceae, EU656066.1 (99%)	0.06 ± 0.04	0.00 ± 0.00	0.021
OTU_6 <i>Desulfovibrio</i> , AB606308.1 (100%)	0.51 ± 0.54	4.41 ± 2.85	0.022
OTU_64 <i>Clostridium</i> XIVa, EU453765.1 (100%)	0.02 ± 0.03	0.32 ± 0.17	0.032
OTU_66 Porphyromonadaceae, HQ740441.1 (100%)	0.44 ± 0.36	0.00 ± 0.00	0.020
OTU_67 Lachnospiraceae, AB702807.1 (100%)	1.20 ± 1.58	0.00 ± 0.00	0.041
OTU_700 Ruminococcaceae, EF097820.1 (100%)	0.02 ± 0.02	0.00 ± 0.00	0.021
OTU_71 Lachnospiraceae, HQ746680.1 (100%)	0.78 ± 0.74	0.03 ± 0.08	0.025
OTU_719 Lachnospiraceae, JQ083958.1 (100%)	0.00 ± 0.01	0.05 ± 0.05	0.041
OTU_74 Lachnospiraceae, AB626912.1 (100%)	0.40 ± 0.52	0.00 ± 0.00	0.041
OTU_742 TM7 genera Incertae Sedis, HQ701044.1 (100%)	0.03 ± 0.02	0.00 ± 0.01	0.021
OTU_77 Lachnospiraceae, HM817078.1 (100%)	0.00 ± 0.01	0.31 ± 0.23	0.021
OTU_8 <i>Lactobacillus intestinalis</i> , JF923643.1 (100%) <i>Lactobacillus helveticus</i> , KF030750.1 (99%) <i>Lactobacillus acidophilus</i> , KF548315.1 (99%)	3.75 ± 4.67	0.00 ± 0.00	0.021
OTU_811 Erysipelotrichaceae, EU510291.1 (99%)	0.27 ± 0.30	0.00 ± 0.00	0.041
OTU_84 Rikenellaceae, AB702772.1 (100%)	0.36 ± 0.52	0.00 ± 0.01	0.041
OTU_86 Lachnospiraceae, HM818016.1 (100%)	0.00 ± 0.00	0.39 ± 0.35	0.021
OTU_88 Lachnospiraceae, AB702804.1 (100%)	0.34 ± 0.30	0.00 ± 0.00	0.020
OTU_894 Lachnospiraceae, JQ084418.1 (99%)	1.27 ± 1.85	0.01 ± 0.01	0.021
OTU_900 <i>Alistipes</i> , HQ740394.1 (99%)	0.09 ± 0.12	0.00 ± 0.00	0.021
OTU_903 <i>Streptococcus gallolyticus</i> , KJ160184.1 (99%)	0.02 ± 0.01	0.07 ± 0.05	0.041
OTU_911 <i>Streptococcus macedonicus</i> , KF147886.1 (99%)	0.01 ± 0.03	0.94 ± 0.72	0.021
OTU_92 <i>Streptococcus pasteurianus</i> , JN581989.1 (99%)	0.42 ± 0.41	0.00 ± 0.00	0.032
OTU_95 <i>Clostridium</i> XIVa, JQ083971.1 (100%)	0.01 ± 0.03	0.36 ± 0.33	0.021

OTU_99			
Lachnospiraceae, HM813376.1 (100%)	0.01 ± 0.01	0.23 ± 0.24	0.041

*Taxonomic assignment of a representative sequence of the OTU at the deepest taxonomic rank possible ($\geq 80\%$ bootstrap cutoff in RDP Classifier, or $\geq 98\%$ homology to NCBI classified sequence).